

Comforting News...

...told with care

Webster Comfort Care Home

Volume IX

Spring, 2013

From “Athletic” Home to Comfort Care Home



When Janet Jones-Brower was growing up in Grand Island, NY, near Buffalo, sports were an important part of her life. In junior high, she swam competitively. By the time she was in high school, she enjoyed participating on the Cheerleading squad, synchronized and competitive swimming, volleyball and softball varsity teams.

Entering the State University at Brockport with a major in physical education was a natural progression for her. Her undergraduate degree in physical education was soon followed by a master's degree in adaptive physical education.

For the next 27 years RIT was Janet's "athletic" home. She coached the women's track, softball and volleyball teams. She coordinated their new adaptive PE program. She became a consultant to other teachers who were adapting their programs for physically challenged college students. After 10 years of coaching, she was promoted to an administrative role as the associate director of athletics. She retired from that position in 2006. For the next 4 years Janet was the Health & Safety Director for the Red Cross in Monroe County and the 6 surrounding counties. She retired from that position in 2011.

In the midst of the two above demanding careers Janet met and fell in love with Bernie Brower. They married in 2001. His job with ITT Excelsis as an Imaging Scientist working in the Geospatial Systems business unit allows them to travel the world together. For their honeymoon, they traveled to Norway, Sweden, Finland & Denmark.

Liz Hill, a friend of Janet's and one of our fund-raising volunteers, told her about the executive director position at WCCH. Among a field of over 60 applicants she soon emerged as the stellar candidate. The Board of Directors voted unanimously to hire her as the new executive director. Her warm engaging manner makes her a delight to be with and brightens all our days as we interact with her.

Janet, we wish you many happy years at our Home.

“HAPPY 10th ANNIVERSARY, WCCH” Community Appreciation Open House Sunday, June 9th – 1pm to 4pm

The menus have been selected. The tent has been rented. The band and sound system have been reserved. The hard-working committee led by board vice president Barbara Darbey has created what portends to be a marvelous afternoon to thank the Webster Community for their support over the last ten years.

At 3pm on that day there will be a ceremony to honor those people who were critical to the development of WCCH. You won't want to miss it!

The committee has estimated that up to 200 people may attend over the 3 hour period. Recognizing that fact, they have

made arrangements with the Bible Baptist Church across the road to accommodate overflow parking. They also have arranged for special police to escort visitors across Holt Road. (This committee thinks of EVERYTHING.)

Come! Be a part of an amazing afternoon! Mark your calendar, today. 700 Holt Road is definitely where you will want to be on June 9th!

Going Gently Into The Good Night

The time is 12 midnight. All is quiet at 700 Holt Rd. Passersby would see a light on in the volunteer room. Cars on Klem Road might see lights on in the kitchen. While most of Webster is sleeping Rosalee Rosser, the night nurses aide, is awake. She has already assessed the needs of the residents. She has given needed medications. She has adjusted their positions so that they might sleep more comfortably.

Then, in the middle of the night, she begins to bake. Mostly cakes, rich in chocolate and nuts, and covered with delicious creamy frosting.



Rosalee grew up in Brooklyn, NY.

Because of difficult family circumstances, she was separated, early on, from much of her family. She remembers, "I learned how different people live, and I learned quickly to follow rules or no one would want you." She loved school. She learned to play both the violin and the flute. Her literary friends were The Hardy Boys and Stephen King. After graduating from high school she attended Schenectady Community College.

In 2001 Rosalee moved to Rochester. Once here she worked as a teacher's assistant at the Mary Cariola Children's Center. She became a part of Visiting NurseService in 2004. She married Robert Lee Rosser in 2011. They celebrated their second anniversary last year on Valentines Day. In her spare time she enjoys knitting, crocheting, learning a different language (Japanese), reading, playing Pogo games, and listening to different types of music.

Rosalee has been working as the night aide at the Home for the past two years. She says "I feel like this place is my home. It encompasses my two favorite things – taking care of people and cooking." Our Home feels doubly blessed by Rosalee's presence. She not only cares sensitively for our residents during their nighttime hours, but she also bakes sweet treats for all of us who are at the Home each day. How lucky are we? Very!!

Angels Abundant

There are times when it is almost overwhelming to realize the time, energy, perseverance, and just plain goodness of people in our community. Where do they find the time? The drive? Below are just a sampling of those people.

- **Gerry Moldenhauer** and his hard-working committee who pulled off such a beautiful evening of guitar music for more than 500 people.
- **The Kotarys (Mary Ann & Chris)** who, with their committee, created for the 7th year in a row an amazing sold-out spring fashion show at Penfield Country Club.
- **Carolyn Johnson** who gets the perseverance award. For years now she has collected money from local businesses for the Make A Change Fund. Over the years going each month to Hanks, Golden Boys,

Rhino's Pizza, Webster Central Liquor Store, Holt Rd. Mobil Gas Station, Webster Cleaners, Phillips & Ridge Rd. Mobil Gas Station, Rubino's, and Herman's Farm Market, she has collected \$14,946.72.

- **The Sunday School children at the United Methodist Church of Webster** who have been giving their "Coins For Comfort" since last September. This June they will have contributed over \$1000 to the Home.



Thank you all! You make our Home and our community proud.

- **Eleanor Scott**, a per diem nurse, who at the proud age of 82, not only continues to care for our residents, but also finds the energy to travel to Africa to minister to people there. Eleanor wants you all to know how much she appreciates your donations of clothing which she will take her.
- **Bob Nash**, our new gardener who, just about every day this spring, planted flowers or watered our gardens. We look lovely, indeed!



- **30 Xerox Employees**, for the Annual Day of Caring on May 9th, who worked tirelessly to spread huge loads of mulch, wash all the

Home's windows, power wash and furniture, and finally paint the deck and stairs.

Tom Starsmore Takes On New Role

Resident care volunteer Tom Starsmore (Tuesdays 11:00 – 3:00) has agreed to be the new liaison between the volunteers and the WCCH board. In that role he will take any volunteer ideas or concerns to the board for their consideration. Additionally, he will



work with our Volunteer Coordinator, Maisy Buckley, to prepare the September volunteer picnic and the February Gathering. Tom will also contact each volunteer to talk with them about the Home and their role in it.

Many thanks, Tom, for taking on this additional volunteer role!

Home Recipe Goodie!

At the spring picnic, board member Jo Zimmerman brought a scrumptious éclair cake. Several people requested the recipe, and Jo has generously typed out a sheet which tells you how to create it. Copies of the recipe can be found in the volunteer office. Thanks, Jo.

